



Walking with God

Spiritually Transforming
Practices - 1

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Two Ways to Live

Romans 8:5 *Those who live according to the sinful nature have their minds set on what that nature desires;*

but those who live in accord with the Spirit have their minds set on what the Spirit desires.

6 *The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; (NIV)*

How to go with the Spirit option

1. Join Christ's Family – When we trust Jesus we receive His Spirit & resurrection power so we really can live differently.
2. Recognize that following Jesus is a Journey with Choices and Consequences (*Flesh or Spirit > Death or Life*) ...living by the Spirit doesn't happen automatically; it's something that takes training to do. So...
3. Start training – acc. to the Bible, to live by the Spirit, to become godly, to change our patterns and habits, requires training.

Where does the Bible say that?

1 Tim 4:7-8 *...train yourself to be godly.*

For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

Rom 12:2 *Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.*

Then you will be able to test and approve what God's will is-- his good, pleasing and perfect will. (NIV)

The Results to Expect

2 Corinthians 3:18 *And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit. (NIV)*

This life-long involvement in godliness training and the accompanying transformation is what we have called

Walking With God

Agents of Change God uses

1. Spirit of God
2. People of God
3. Works of God
4. Word of God

What the Word of God can do

Psalm 19:

*7 The law of the LORD is perfect,
reviving the soul.*

*The statutes of the LORD are trustworthy,
making wise the simple.*

*8 The precepts of the LORD are right,
giving joy to the heart.*

*The commands of the LORD are radiant,
giving light to the eyes. (NIV)*

What the Word of God can do

Psalm 119:

11 *I have hidden your word in my heart that I might not sin against you.*

24 *Your statutes are my delight; they are my counselors.*

105 *Your word is a lamp to my feet and a light for my path.*

130 *The unfolding of your words gives light; it gives understanding to the simple. (NIV)*

We need God's Word to grow up

1 Peter 2:2 *Like newborn babies,
crave pure spiritual milk, [= God's Word]
so that by it you may grow up in your
salvation, (NIV)*

What grown up looks like

2 Timothy 2:15 *Do your best
to present yourself to God
as one approved,
a workman
who does not need to be ashamed
and who
correctly handles the word of truth.*

(NIV)

What if we don't grow up?

Hebrews 5:11 *We have much to say about this, but it is hard to explain because you are slow to learn.*

12 In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food!

13 Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness.

Hebrews 5:14 *But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.*

How do we Grow Up?

2 Timothy 3:15

14 But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it,

15 and how from infancy you have known

*the holy Scriptures,
which are able to make you wise
for salvation*

through faith in Christ Jesus. (NIV)

God uses His Word to Train us

2 Timothy 3:16 *All Scripture is*

God-breathed

and is useful for

teaching,

rebuking,

correcting

and training in righteousness,

17 so that the man of God may be

thoroughly equipped for

every good work. (NIV)

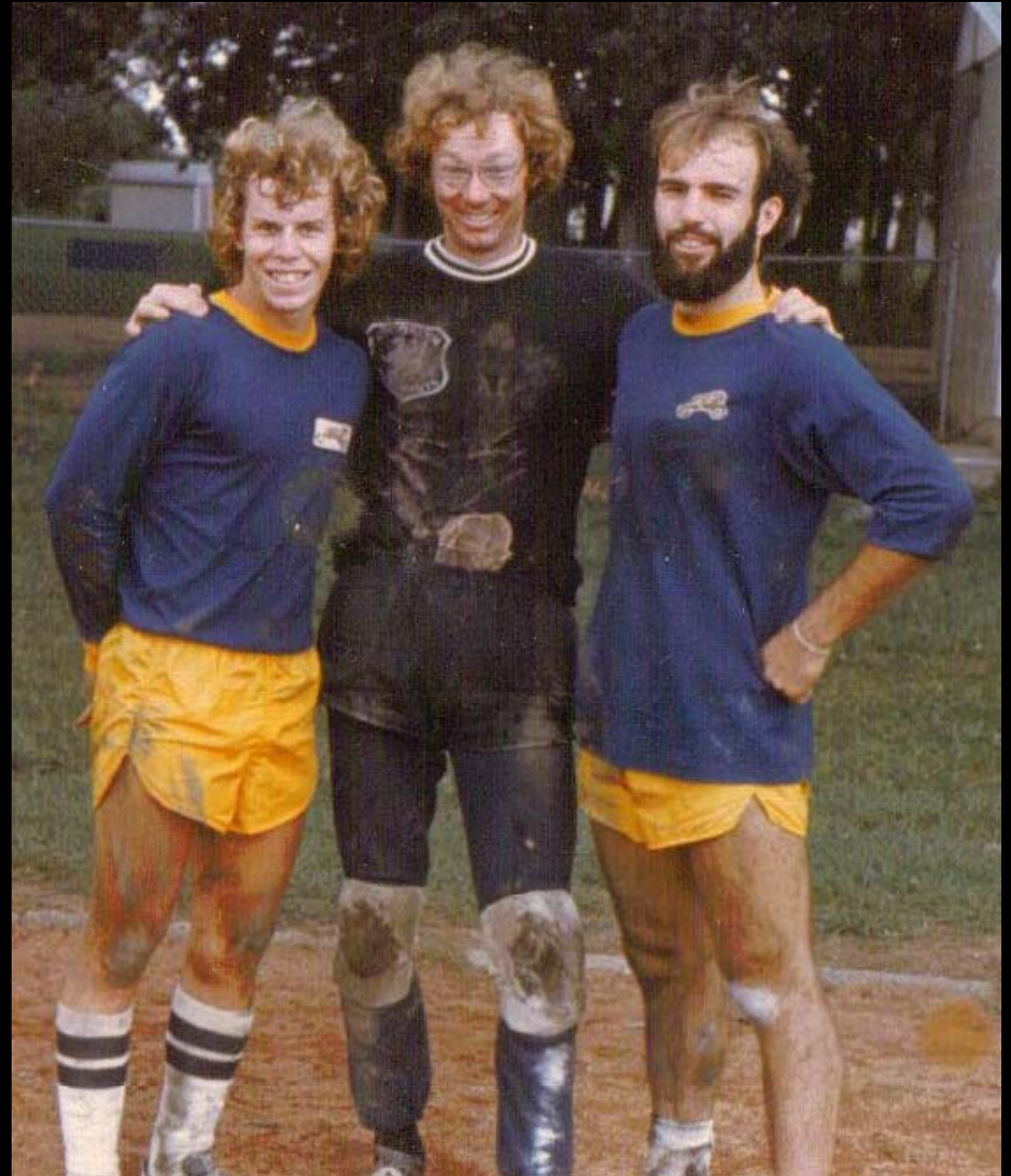
God's Amazing Mirror

2 Corinthians 3:18 (NKJ)

*But we all, with unveiled face,
beholding as in a mirror
the glory of the Lord,
are being transformed
into the same image
from glory to glory,
just as by the Spirit of the Lord.*

➤ **God's Word is the mirror the Spirit uses to transform us to being more & more like Christ**

It might work something like this



Bible Related STPs

1. Bible Reading – reading, reflecting on, and responding to God’s Truth, the Bible.
2. Bible Study – a step beyond reading where I use study methods and tools to better understand & align my thinking & life with God’s Truth presented in the Bible.
3. Meditation – ruminating on a truth from the Bible to take it to heart more completely.
4. Scripture Memory – making parts of the Bible continually & immediately accessible to my heart & mind.

3 R-5 Q Bible Reading Guide

Reading

1. What is my favorite truth or verse from today?
2. What Questions did this reading stimulate?

Reflecting

3. What did I learn about God (Father/Son/Spirit) or the following Jesus Journey?
4. What do I sense God wants me to **Do, Change,** or **Pray** about?

Responding

5. **Take Away** – What one thing do I sense God saying to me or asking of me today?
 - Express this to God in prayer throughout today.

Take Away

Walking With God is training ourselves to live by the Spirit instead of according to our flesh.

A foundational component of Walking With God is regularly letting the truth of God's Word permeate our hearts and our minds and then responding accordingly