



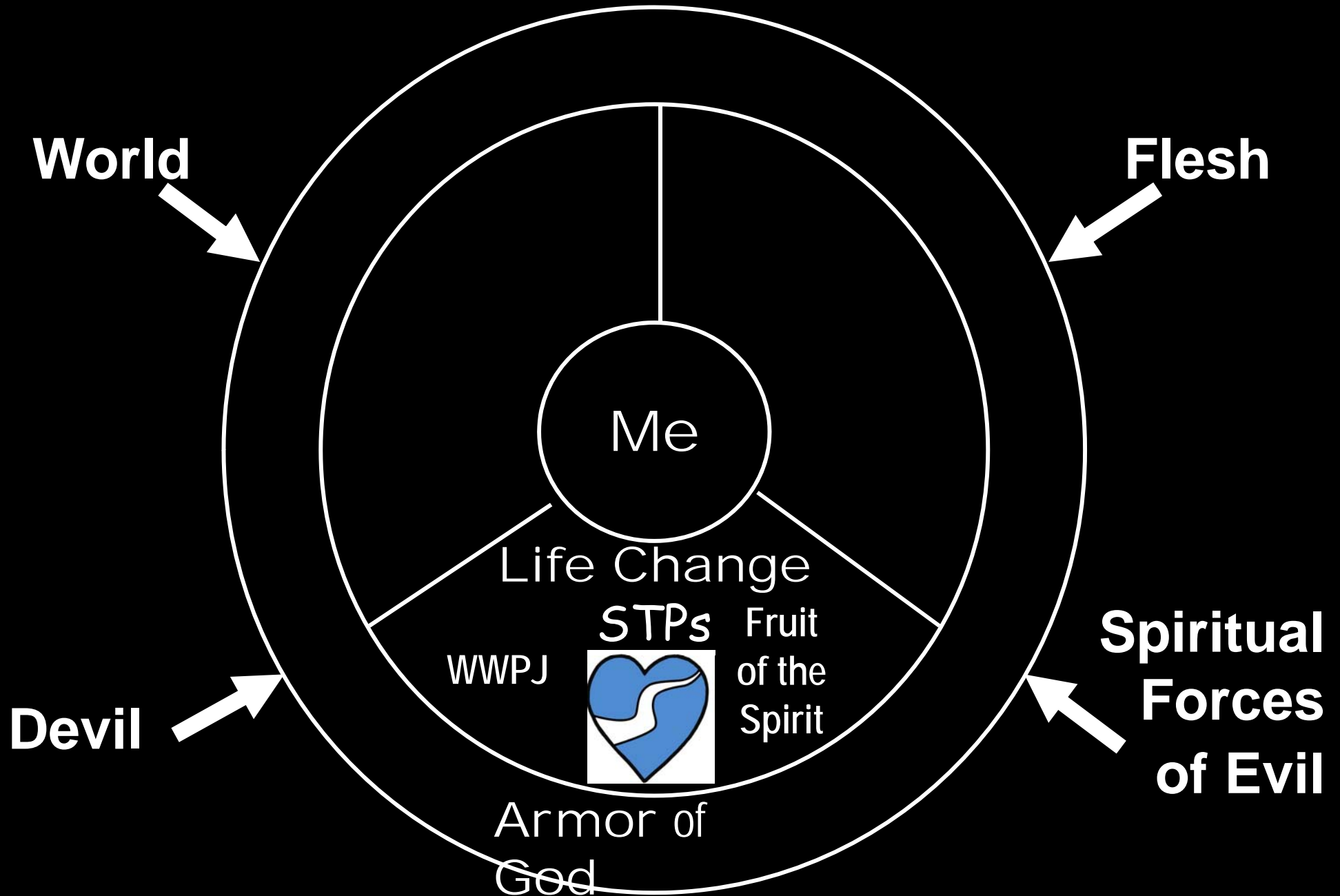
# Walking with God

Fruit Bearing Practices

Pastor Nathan Mains

March 8, 2009

# Walking With God



# Spiritually Transforming Practices

1. Bible Reading – reading, reflecting on, and responding to God’s Truth, the Bible.
2. Bible Study – a step beyond reading where I use study methods and tools to better understand & align my thinking & life with God’s Truth presented in the Bible.
3. Meditation – ruminating on a truth from the Bible to take it to heart more completely.
4. Scripture Memory – making parts of the Bible continually & immediately accessible to my heart & mind.

# Spiritually Transforming Practices

5. Solitude & Silence – coming apart to be alone with God
6. Listening – quietly and consciously considering who God is & what He wants.
7. Journaling – my ongoing written conversation with God where I share my emotions, insights, hopes, plans, fears, requests, answers, and what I sense the Spirit is saying to me and doing within me.

# Spiritually Transforming Practices

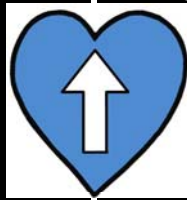
8. Self-examination – looking at myself honestly: who I am, how I'm living, what the Spirit wants to change so I'm more like Jesus.
9. Confession – verbalizing to God, myself, and trusted others what is true and how I sense the Spirit wants to change me.
10. I Spy-ing – noticing and declaring God's amazing works and grace.

# Spiritually Transforming Practices

11. Simplicity – Making margin choices to keep my life from becoming too cluttered to prioritize the pursuit of deepening my relationships with God and people.
12. Fasting – Choosing to abstain from good things for a season in order to focus more intently on staying tuned in to the Spirit.
13. Standing & Resisting – Seeing all of life as the arena of Spiritual Warfare, we resist our powerful enemy's schemes by standing in God's truth & power for His glory

Fruit Bearing Practices

Prayer



Me  
WWG

Life Change

STPs

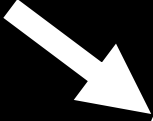
Fruit of the Spirit



WWPJ

Armor of God

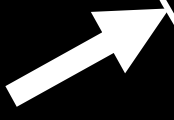
World



Flesh



Devil



Spiritual Forces of Evil



## FBP 1 – Prayer

- Consciously connecting with God as lover and Lord through Adoration, Confession, Thanksgiving and Supplication.

**Philippians 4:6** *Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.*

**Colossians 4:2** *Devote yourselves to prayer, being watchful and thankful. (NIV)*

## **Our Prayers can help fellow believers**

**Colossians 4:3** ...*pray for us, too, that God may open a door for our message... 4 Pray that I may proclaim it clearly, as I should.*

**2 Corinthians 1:10-11** *On him we have set our hope that he will continue to deliver us, as you help us by your prayers.*

*Then many will give thanks on our behalf for the gracious favor granted us in answer to the prayers of many. (NIV)*

Worshiping GOD

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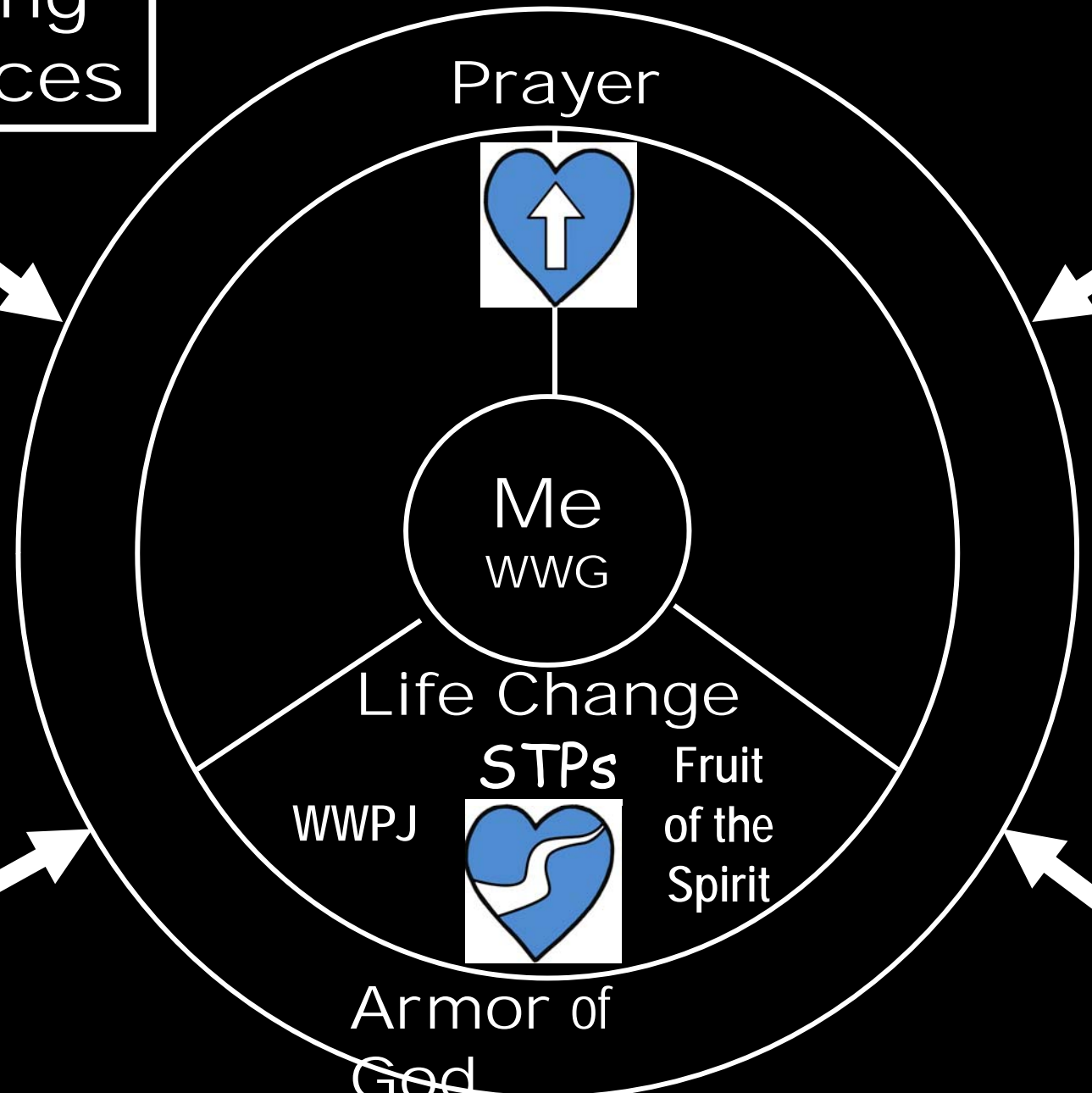
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Spiritual Forces of Evil

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## FBP 2 - Worship & Celebration

- Expressing joy and devotion flowing out of my awareness of, and confidence in God's greatness, beauty, goodness and grace.

**Matthew 22:37** *Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind."*

- Can be done by yourself or in union with God's people

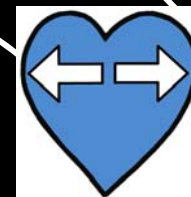
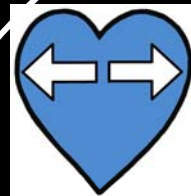
**2 Samuel 6:5** *David and the whole house of Israel were celebrating with all their might before the LORD, with songs and with harps, lyres, tambourines, sistrums and cymbals. (NIV)*

# Worshiping GOD

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## FBP 3 - Outreach

□ Living as Christ's ambassadors making the most of opportunities with outsiders so that they too might become followers of Jesus.

**2 Corinthians 5:20** *We are therefore Christ's ambassadors, as though God were making his appeal through us.*

**Colossians 4:5-6** *Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone. (NIV)*

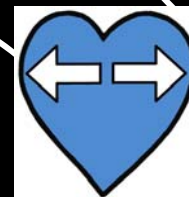
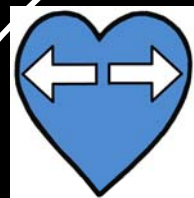
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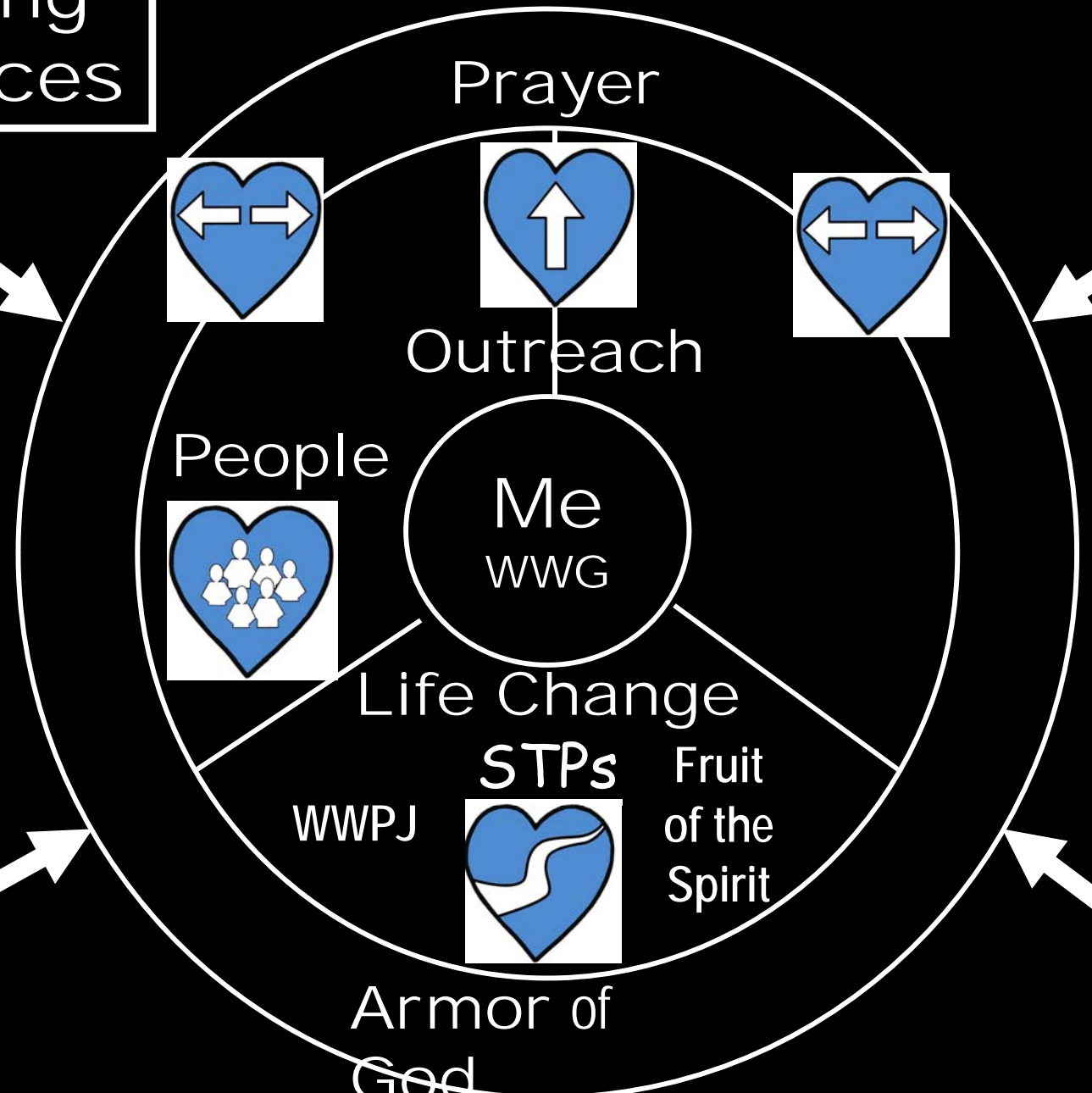
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## FBP 4 – People > Fellowship

- Prioritizing relationships & people and freely sharing and receiving heartfelt expressions of genuine Christian love, believing that “walking together is better.”

**1 Thessalonians 5:11** *Therefore encourage one another and build each other up, just as in fact you are doing.*

**Hebrews 10:24-25** *And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another... (NIV)*

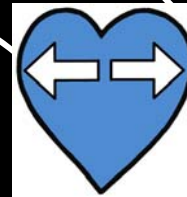
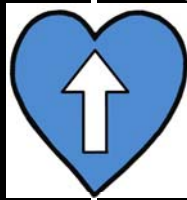
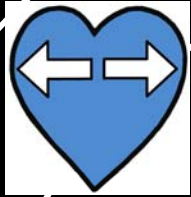
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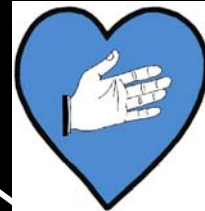


Outreach

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## FBP 5 - Serving

□ Stewarding my Time, Talent & Treasure to maximize doing servant-hearted acts of kindness for God's glory.

**Ephesians 4:16** *From him [Christ] the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.*

**1 Peter 4:10** *Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms.*

**Galatians 6:2** *Carry each other's burdens, and in this way you will fulfill the law of Christ. NIV*

All for the Lord and His Reward

**Colossians 3:23-24** *Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. (NIV)*

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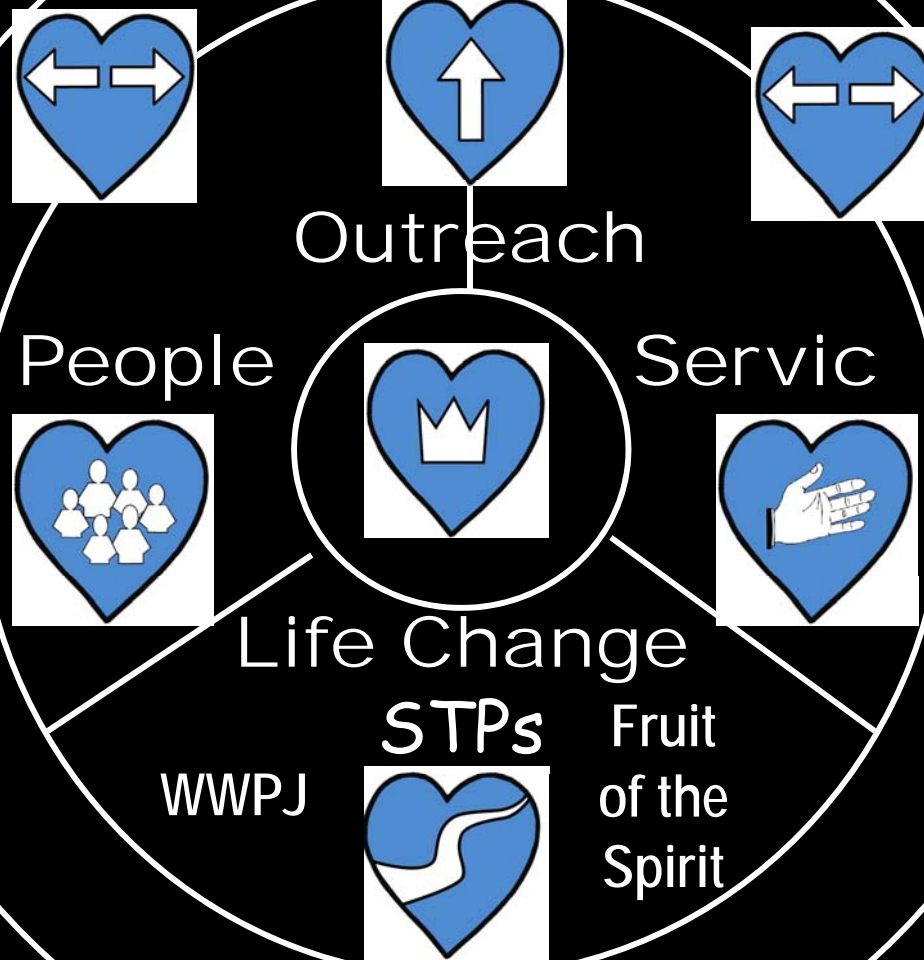
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## Take Away

When we're Walking With God bearing fruit will be a natural outflow of our lives.

Fruit Bearing Practices help us focus that outflow biblically.